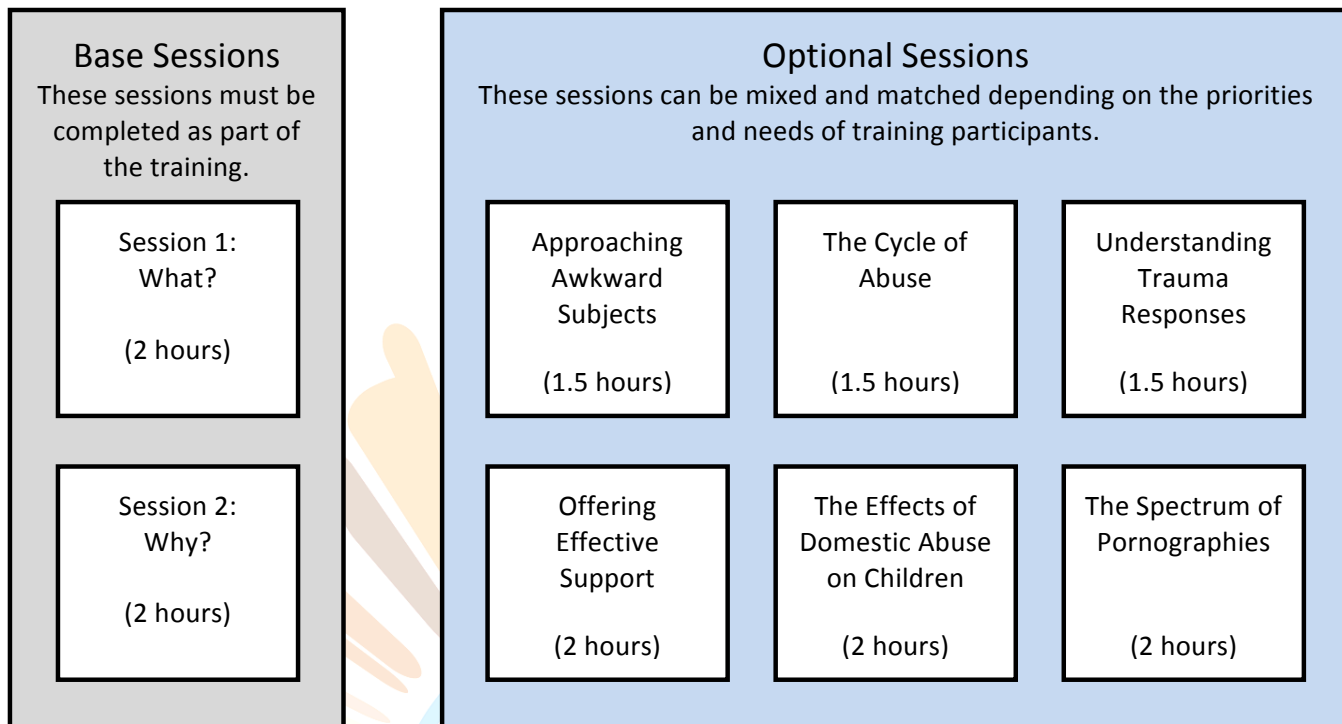


Training Options



Training Content

Base Sessions

Session 1: What? (2 hours)

By the end of the session participants will:

- Understand what exploitation and abuse is
- Understand the prevalence of abuse
- Understand informed consent and how to communicate about it
- Understand grooming, risks and vulnerabilities
- Have resources to begin conversations with young people about abuse and exploitation

Session 2: Why? (2 hours)

By the end of the session participants will:

- Understand why abuse and exploitation happen
- Be aware of the links between popular culture and abuse
- Be aware of technology, abuse and exploitation

Exploitation and Abuse Training

Optional Sessions

The Spectrum of Pornographies (2 hours)

By the end of the session participants will:

- Understand what the Spectrum of Pornographies is and the impact of pornographies
- Have resources to talk with children and young people and their parents to begin conversations about pornographies

The Cycle (1.5 hours)

By the end of the session participants will:

- Understand the cycle of abuse
- Be able to communicate the cycle of abuse
- Have resources to begin conversations about the cycle of abuse

Understanding Trauma Responses (1.5 hours)

By the end of the session participants will:

- Understand some of the ways people respond to trauma
- Understand Post Traumatic Stress Disorder (PTSD)
- Understand Trauma Bonding
- Have resources to communicate what PTSD is

Offering Effective Support (2 hours)

By the end of the session participants will:

- Understand the principles of offering appropriate support
- Have resources to aid in offering effective support
- Have a basic understanding about risk and abuse

The Effects of Domestic Abuse on Children (2 hours)

By the end of the session participants will:

- Understand the effects of domestic abuse on children
- Understand some of the responses children may have to domestic abuse

Approaching Awkward Subjects (1.5 hours)

By the end of the session participants will:

- Understand their personal and professional barriers in approaching awkward subjects
- Have learnt strategies for overcoming the barriers to approaching awkward subjects

Exploitation and Abuse Training

Training Costs

All training is suitable for those working with young people in either a voluntary or paid capacity.

Half Day Training | 4.5 hours | Maximum Participants: 30 | £400*

Timetable:

9am	Coffee and Welcome
9.15am	Session 1 - What?
11.15am	Break
11.30am	Session 2 - Why?
1.30pm	Finish Training

Half Day Training is 4.5 hours long and includes Session 1 (What?) and Session 2 (Why?). It will give participants a basic understanding of what abuse and exploitation is and why it happens. Each participant will receive a Data CD with resources relevant to the sessions completed.

One Day Training | 10 hours | Maximum Participants: 30 | £600*

Timetable:

9am	Coffee and Welcome
9.15am	Session 1 - What?
11.15am	Break
11.30am	Session 2 - Why?
1.30pm	Lunch
2pm	Session 3 (Choose from Optional Sessions) 1.5 hours
3.30pm	Break
3.45pm	Session 4 (Choose from Optional Sessions) 2 hours
5.45pm	Finish Training

One Day Training is 10 hours long and includes Session 1 (What?) and Session 2 (Why?) alongside a two further sessions, chosen from the Optional Sessions. Each participant will receive a Data CD with resources relevant to the sessions completed.

*The DAY Programme recognises that funding can be challenging and is able to negotiate training costs when appropriate.

Contact Details

Please contact Natalie Collins for more information about training:

- Email natalie@dayprogramme.org
- Telephone 07928 031580

www.dayprogramme.org | natalie@dayprogramme.org | 07928 031580